

# Royal Canadian Legion prez walks 166 km in four days to honour Dutch immigrants



After walking a marathon for each of four days, Belleduner Frank Arsenault arrived at Danny's Inn early on a Friday afternoon in July.

By then, the 63-year-old had walked a total of 166 km - and looked like he could easily have kept right on going.

No blisters. No torn muscles or ligaments.

"I feel very good," he said. "My training did the trick. I was pleasantly surprised."

During the winter, Mr. Arsenault walked about 35 km per week. Then, about two months before this event, dubbed the Nijmegen March, he upped the ante, increasing his mileage to 100 km per week.

As the president of the Royal Canadian Legion's Durham Branch #77, Mr. Arsenault decided last year to promote physical fitness and honour the contribution of Dutch immigrants by bringing a very popular European walking event, the International Four Days March of Nijmegen, to the north shore of New Brunswick.

Every year in Nijmegen in the Netherlands, tens of thousands of people take part in this four-day event, walking between 30 and 50 km each day. Although the Nijmegen Marches originally started as a military event back in 1916, the vast majority of people who take part these days are civilians.

During this first-ever Belledune-based Nijmegen March, Mr. Arsenault was alone with the exception of the first and last days when Mayor Nick Duivenvoorden walked the entire distance with him. Without training, the marathon-length walk was exhausting and Mayor Duivenvoorden made no secret of just how tired - but proud - he was at the end of the final day.

"It was certainly a test of endurance but, hey, I did it," he said.

Mr. Arsenault, who had issued an open invitation to anyone who might want to join him prior to this year's walk, is hoping more people will join him next year.

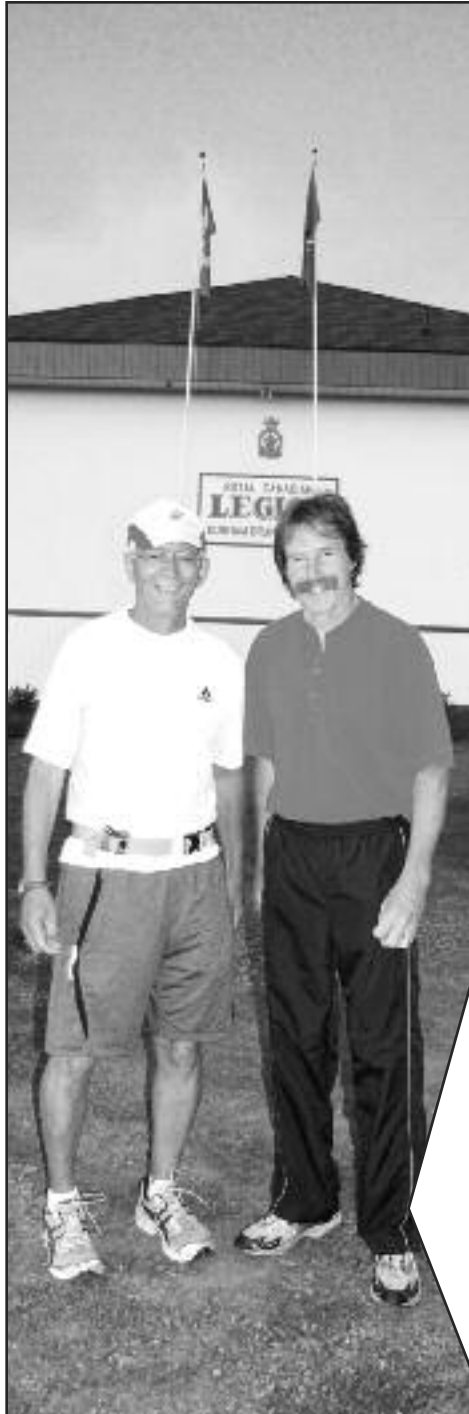
"I really appreciated having Nick with me," he said. "He was fantastic! My aim is to get more participation next year."

This year, the first leg of the Belledune Nijmegen March started at 5:30 a.m. on July 19 with a walk from the local Legion building and ended at the Dalhousie Legion. Then, the second day, Mr. Arsenault again started out from the Belledune Legion and made his way to Danny's Inn in Beresford. The route was then repeated for the last two days.

"It was a privilege to be in the company of someone like Francis," said Mayor Duivenvoorden. "It was an opportunity for me to see if I could do it. And the reason behind it was very fitting, especially for someone like me of Dutch descent. I can tell you, if the outcome of the Second World War were

any different, I wouldn't be here."

This Nijmegen March was also a fundraiser and brought in about \$900 for the Legion's Memorial Gardens.



**The Belledune Messenger**

*The voice of the Village of Belledune*

[www.belledune.com](http://www.belledune.com)

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Frank Arsenault, president of the Royal Canadian Legion Durham Branch, and Belledune Mayor Nick Duivenvoorden were ready for the first 40-km leg of this march at 5:30 a.m.



## Guest Editorial

by Mathieu Boudreau  
Red Cross Service  
Center Coordinator

### Red Cross recruiting disaster volunteers

The Canadian Red Cross is recruiting volunteers in Belledune for its personal disaster assistance team and emergency response team.

These volunteers are trained to help others affected by small-scale disasters such as house fires or localized flooding or perhaps a safety issue prompting the evacuation of a few homes. However, the same volunteers can also be called upon to respond to larger emergencies caused by hurricanes, ice storms or flooding.

The Canadian Red Cross provides training to allow volunteers to work together seamlessly within the community, in larger emergencies, and in some cases, in other parts of the country. For example, more than 30 Red Cross volunteers from Atlantic Canada were sent this year to the Prairies to help evacuees from wildfires or major floods. Closer to home, volunteers from several parts of the province were deployed following the floods in mid-December in central and southwest New Brunswick.

Right now, the Red Cross needs four volunteers in Belledune. They will meet monthly to stay up to date with training and the total time commitment will vary based on need. The selection process includes an application form, a criminal reference check and an interview.

Adults interested in becoming a disaster management volunteer can contact me at the Bathurst office of the Canadian Red Cross at (506) 548-0835.

## Messenger Classifieds

*The Belledune Messenger Classifieds are FREE for the first three lines for Belledune residents, businesses and non-profit organizations when sent by e-mail to [acimediagroup@nb.aibn.com](mailto:acimediagroup@nb.aibn.com) That's about 113 characters and spaces of text. Bold or italic text, black-and-white photographs, and extra lines are available for only \$2 each. Classifieds must be paid prior to publication.*

*Classified ads which are mailed in will be priced at \$20 due to the extra workload. Classified ads from outside Belledune will billed at \$25 per ad.*

### Volunteers



Volunteer for the  
2011 Terry Fox  
Run!  
Have fun. Make a  
difference.  
Call James at  
545-7192  
(It's where all the  
cool kids will be!)

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1050 Smith Street  
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### Furniture



Very solid wooden toddler bed. Sides are varnished natural wood, foot and headboards are white paint on melamine. Looks great. Asking \$59. Call 545-7192.

Computer desk with hutch, almost new in a dark finish. \$129. Also a wooden coat rack in a dark cherry wood. \$39. Call 545-7192.



## Village of Belledune

Mayor: Nick Duivenvoorden

Deputy Mayor: Emmie Flanagan

#### Councillors:

Elaine Levesque-Godin, Paul Daley, Jerry Guitard, Mario Lapointe

Town Hall: 522-3700  
[bell001@nbnet.nb.ca](mailto:bell001@nbnet.nb.ca)

Clerk/Treasurer: Brenda Cormier

Fax: 522-3704

Arena ice rentals: 522-3700

#### Chief Administrative Officer

David Hughes  
522-3703  
[davidhughes@nb.aibn.com](mailto:davidhughes@nb.aibn.com)

#### CDO – Andy Flanagan

522-3797  
[belledunedevlopment@nb.aibn.com](mailto:belledunedevlopment@nb.aibn.com)

# The Book Corner



Tim Allen's *Don't Stand Too Close To A Naked Man*, which was for a time on the

New York Times Bestseller List, isn't for kids. Filled with adult jokes and observations, this is one of those books guys will enjoy reading with a beer after work. In it, the star of the Home Improvement sitcom pokes fun at growing up, adult relationships, men, women, and spending time in jail for doing the kinds of things nice people shouldn't do.

As the name suggests, *The Book of Awesome*, written by Neil Pasricha is chock full of all those things that just make you go "Aaahhhh" or "Fantastic!" If your life is ever a bit stressful, this book is just the ticket to help you connect with life's little pleasures,



whether it's being the first person to walk into a crowded theatre and get your choice of seats or licking the batter off the beaters of the cake mixer.



The last book in the 2001 series, Arthur C. Clarke's *3001: The*

*Final Odyssey* is a must-read for any scifi buff. This story starts off when, years after being thought dead, Frank Poole is discovered in the far reaches of space and brought back to consciousness. By then, 1,000 years have elapsed, there are three monoliths in the solar system and Dave Bowman and HAL have become something quite extraordinary.

*Books featured in The Book Corner are picked from various private libraries and bookstores in the region and may or may not be in any one particular library at any given time. Should you have a favourite book you would like to share with readers just send an e-mail to The Belledune Messenger and we will do our best to feature it in a future issue.*

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# Canada Day parade draws

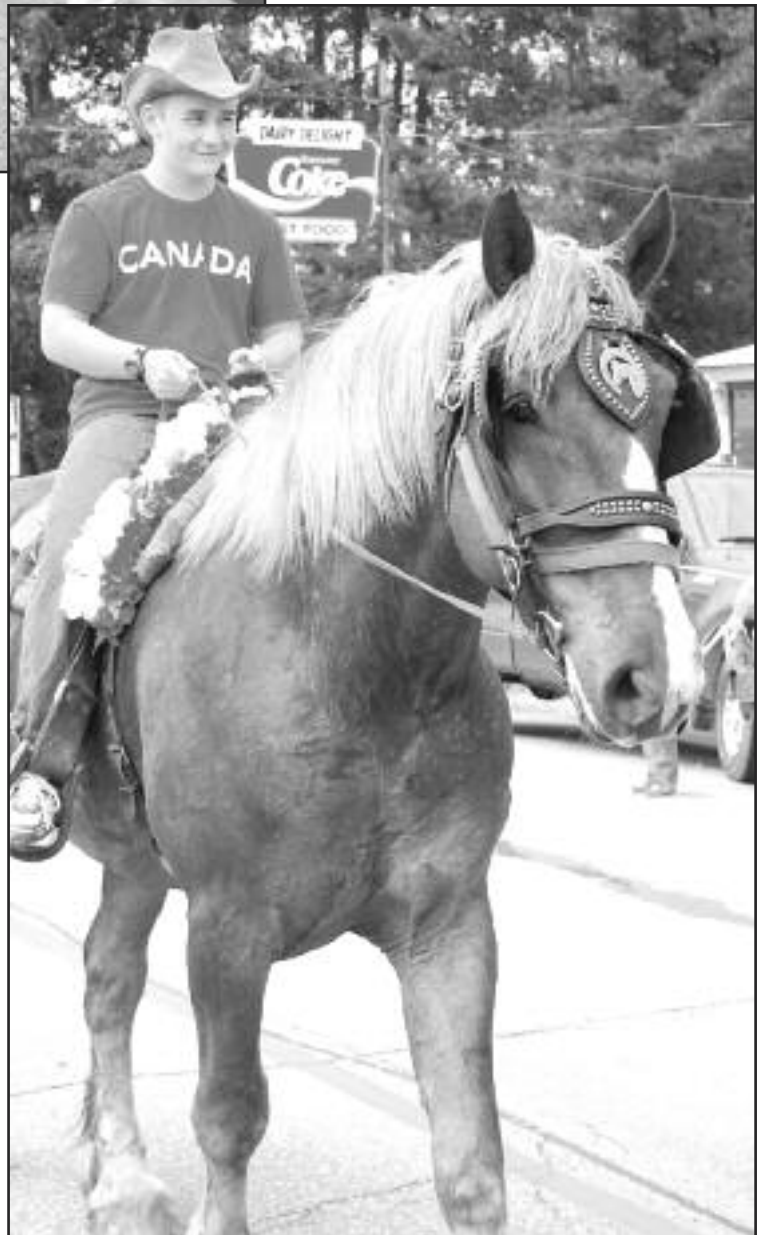


**Wow!**

There was something for everyone at this year's Canada Day parade

From roving bands of scooter-ians ....

.... to horses from Caldwell's Farm in Sunnyside.



And, of course, it just wouldn't be Canada Day without plenty of Canadian flags. Here, nine-year-old Haley Donnelly Murphy is wearing two Canadian flags on her head while she and her grandmother, Annette Donnelly each wave the old maple leaf.

# Belleduners Together

There were prize-winning Canadian pooches ....



.... Christina Lapointe and Crystal Guitard giving out candy ....

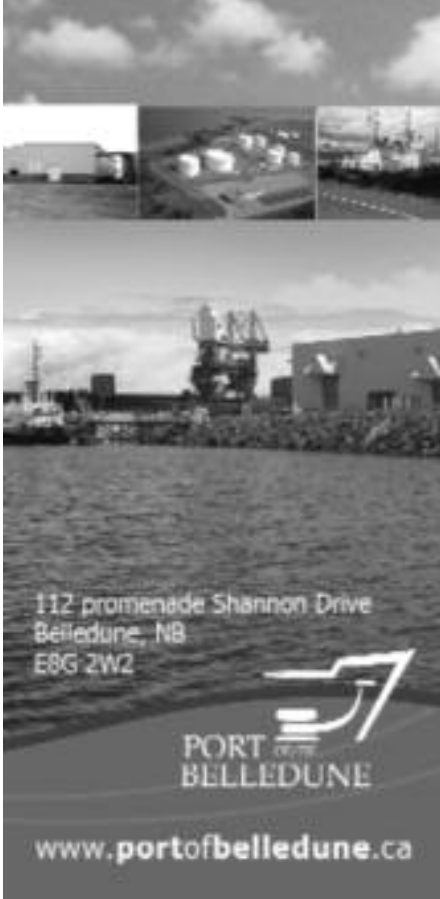


.... And rugged-looking dirt bikers and ATVers!

## Belledune In Brief

### Interpretative centre at salmon barrier opens

The Salmon Barrier Interpretative



Centre was slated as The Belledune Messenger went to press to have its official opening from 12:30 to 3 p.m. on July 31.

The interpretative centre offers up information on the life cycle of Atlantic Salmon and gives visitors a glimpse of the fry to be released in the Jacquet River later.

During the official opening, music was to be provided by Barry Mazerolle and there were to be souvenirs available for sale.

### Belledune archer will be coach of Canadian team

Belledune archer Trevor Furlotte was the first New Brunswicker to ever take part in the World Cup of that sport when he went to Croatia last year.

Now, he's going back to Europe. But this time, he's going to be an assistant coach of Canada's team at the World Junior Archery Championships in Poland from Aug. 23 - 28.

An archer since 2005, Mr. Furlotte is currently a coach at the Belledune Archery Club.

### Port of Belledune's mega-project near done

The president and CEO of the Port of Belledune is saying the port's latest major expansion should be finished this month.

The mega-project, which began two

years ago, has seen the construction of a new terminal, a roll-on, roll-off ramp and a modular fabrication building in the industrial park.

In July, Mr. Doucett reportedly said the port intends to now move into a marketing phase to put those assets to work. He pegged the value of the new infrastructure at the port at \$88 million.

### Belledune mayor sees possible future growth

When Mayor Nick Duivenvoorden looks at the boundaries of the Village of Belledune, he sees a work in progress.

Faced with the possibility of future amalgamation of local service districts into existing municipalities, Restigouche mayors have been discussing the Finn Report.

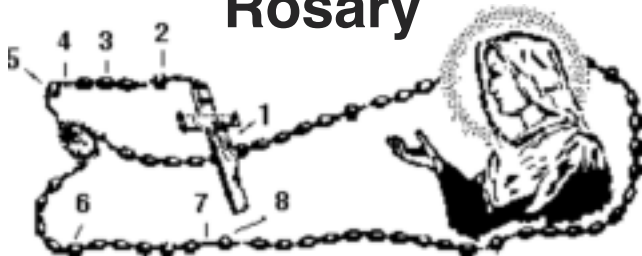
Mayor Duivenvoorden says it is vital for the mayors to be prepared for any future changes which may be proposed by the province.

## Birthday Corner

Happy 49th birthday, Ada! The Belledune Messenger publisher James Risdon wishes a very happy b-day on Aug. 28 to his wife, Ada Chan.

Birthday wishes also go out to Melinda French Gates, who turns 47 on Aug. 15. Wife of Microsoft billionaire Bill Gates.

## How To Pray The Rosary



- 1) Make the Sign of the Cross and say the Apostles' Creed.
- 2) Say the Our Father.
- 3) Say three Hail Marys.
- 4) Say the Glory be to the Father.

- 5) Announce the first mystery; then say the Our Father.
  - 6) Say ten Hail Marys.
  - 7) Say the Glory to be to the Father.
  - 8) Announce the second mystery; then say the Our Father.
- Repeat 6 and 7 and continue with third, fourth and fifth mysteries in the same manner.

The purpose of the rosary is to help to remember certain principal events or mysteries in the history of our salvation, and thank and praise God for them. There are twenty mysteries reflected upon in the rosary, these are divided into the five joyful mysteries, the five luminous mysteries, the five sorrowful mysteries, and the five glorious mysteries.



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**We need your help.**  
**Your financial assistance and a few hours of volunteer time will greatly help the Restigouche County SPCA.**  
**Let's make ours a great animal shelter!**  
**Call 684-4396 today.**

**Adopt Me!**

Tazz is a Shih Tzu - Pug mix. A nine-month neutered male, Tazz is very sweet. He's available for adoption now at the Restigouche SPCA.



**Tazz**

Restigouche County

**SPCA**

165 Baybreeze Drive Dalhousie, N.B. E8C 1E4 e-mail: [restspca@nb.aibn.com](mailto:restspca@nb.aibn.com)  
 tel.: 684-4396 or 686-0195, emergencies.

**Belledune Community Resources**

The Belledune Messenger is pleased to provide the following list of important community resources. Should there be others you would like to see added, please e-mail: [acimediagroup@nb.aibn.com](mailto:acimediagroup@nb.aibn.com)

Belledune District Planning Commission	542-2688
Belledune Public Library	522-3701
Emergency	911
Environment New Brunswick Emergencies	547-2092 1-800-565-1633, afterhours
MLA Roland Haché - Nigadoo Chaleur Riding	542-2424, during business hours
MP Tilly O'Neill-Gordon - Miramichi Riding	1-800-567-5564 237-2333
NB Power - Outages - Streetlights	1-800-663-6272
RCMP	911 For emergencies 1-888-506-7267 Non-emergency
Blue Bin Recycling Program	546-8016, ask for Sarah
Restigouche County - SPCA - Animal Control	684-4396 557-9790 emergency
Roman Catholic churches - St. Gabriel The Archangel & St. John the Evangelist	237-2027
Royal Canadian Legion Durham - Jacquet River	237-2983
Village of Belledune Municipal Office	522-3700
Chief Administrative Officer - David Hughes	522-3703
Community Development Officer - Andy Flanagan	522-3797
Administrative Assistant - Nicole Carrier	522-3700

# B elledune D ays celebrates our families and community !



Volunteers Flo Guitard and Tanya Hickey served up a hot breakfast in St. Gabriel's parish hall, magician Dave King wowed the adults by pulling money out of an empty hat and the kids by then taking out a dove from the same hat at the firehall, and Midnight Train guitarist Kevin Furlotte and bassist Jerry Lapointe entertained the crowd at the gazebo with music too cool for school.

**Mouthwatering food, great music  
and AWESOME magic!**

